



READ Rosemount

How to Knit A Heart (From Julie + the Knits)

The [READ Rosemount](#) group is initiating the **Book-Knit Project** to create knitted books and hearts. These will be part of READ's advocacy to develop and expand the Rosemount Library in Ottawa.

All knitters and would-be knitters are invited to participate!

This is a generic pattern for knitting an "*I Love Rosemount*" heart. You can make the heart any size you want. The actual size of the heart will be determined by the type of wool, the size of needles used, the tension, and finally the number of stitches cast on. It's up to you!

It is not necessary to strive for perfection. Mistakes are part of the fun and the charm of knitting a book!

Some resources:

Casting on stitches: https://www.youtube.com/watch?v=j_L41fx4Ddk

Casting off stitches: <http://www.wikihow.com/Cast-Off>

See also "How to Knit a Book" on the [READ website](#).

*Finished books and hearts can be dropped off at the Rosemount Branch of the Somerset West Community Health Centre, 30 Rosemount Ave. Put the item in a ziplock-like clear plastic bag and mark the bag **Attn: Emilie Hayes, Book-Knit Project**. And **don't forget** to include a slip with **your name and email address**, so you can be notified about the READ Rosemount Book-Knit Project Event Launch. Watch the READ website for details.*

Knitting a Tiny Heart

Note: The heart is knit on double pointed needles

Start by knitting the top of hearts

Cast on 5 stitches

Row 1 knit

Row 2 increase 1 in first stitch, knit to end of row

Row 3 knit

Row 4 knit to last stitch, increase 1

Row 5 knit

Row 6 increase 1 in first stitch, knit to end

Row 7 - 10 knit

This completes 1/2 of top of the heart

Leave work on needle

Cut yarn

Make other 1/2 of heart...cast on 5stitches

Repeat rows 1 - 10

Join 2 top pieces of heart by knitting across

Row A: Next row decrease 1 stitch to last stitch, knit 2 together

Row B: Knit next row

Repeat rows A + B until 2 stitches left

Cut yarn, place on needle, slip through 2 remaining stitches

Cast off. Weave in all ends

Et voilà



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