



READ Rosemount

How to Knit a Book

The [READ Rosemount](#) group is initiating the **Book-Knit Project** to create knitted books and hearts. These will be part of READ's advocacy to develop and expand the Rosemount Library in Ottawa.

All knitters and would-be knitters are invited to participate.

This is a generic pattern for knitting a **book for display or decoration**. You can make the book any size you like and the more experienced knitter you are, the fancier you can make the book. The objective is to create a knitted rectangle that can be folded in half to resemble the cover of a book; then knit a piece slightly smaller than half the size cover that forms the "page" of the book or, knit a piece slightly smaller than the cover that can be folded to make 2 pages. These pieces are then sewn together down the spine and a title and/or decorations can be added to the cover.

The actual size of the book will be determined by the type of wool, the size of needles used, the tension, and finally the number of stitches cast. It's up to you!

It is not necessary to strive for perfection. Mistakes are part of the fun and the charm of knitting a book!

Some resources:

Casting on stitches: https://www.youtube.com/watch?v=j_L41fx4Ddk

Casting off stitches: <http://www.wikihow.com/Cast-Off>

Knitting project images:

https://www.google.ca/search?q=yarn+bombing+Ottawa&biw=1136&bih=550&source=lnms&tbn=isch&sa=X&ved=0ahUKEWjg6OSSgavKAhXCXR4KHS42Dv0Q_AUIBigB

Standard sizes chart for the average knitter:

Width x height	Thus single inside page is 1/2 width
10" (5"x2") x6".....49 stitches	5"
5" (2.5" x2") x3".....23-25 stitches	2.5"
2.5" (1.25" x2") x1.5".....13 stitches	1.25"

*Finished books (and hearts) can be dropped off at the Rosemount Branch of the Somerset West Community Health Centre, 30 Rosemount Ave. Put in a ziplock-like plastic bag and mark it **Attn: Emilie Hayes, Book-Knit Project**. And **don't forget** to include a slip with **your name and email address**, so you can be notified about the READ Rosemount Book-Knit Project Event Launch. Watch the READ website for details.*

Questions??? Contact project coordinator Valerie Stam | Email: valerie.m.stam@gmail.com

Knitting a Large (regular size) Book e.g. 6" wide x 8" long spine

Note: best to use thicker wool and larger needles for a large book.



- The cover (a rectangle)
 - Cast on enough stitches to create a twelve inch width (6 inch width folded over) leaving a long tail at the beginning that can be used to hang the book (e.g. in trees!)
 - Knit every row (garter stitch) approximately until 8 inches in length , or anything fancier (colours and designs) that will make an interesting cover
 - Cast off. Weave in all ends except at beginning
- The Inside: 2 pages (slightly smaller than the cover rectangle)
 - Use contrasting colour (e.g. white or cream coloured)
 - Cast on slightly fewer stitches than used for cover
 - Knit every row (garter stitch)
 - Knit slightly shorter in length than the length of the book cover (approximately 7.5")
 - Alternative to knitting a page(s) would be to use felt
 - Cast off. Weave in all ends.

OR

- The inside: 1 page (slightly smaller than one half the cover rectangle)
 - Use contrasting colour (e.g. white or cream coloured)
 - You may wish to use thinner wool but not necessary
 - Cast on half as many stitches, less a few, as used for the cover
 - Knit every row (garter stitch)
 - Knit approximately 7.5" in length
 - Alternative to knitting a page would be to use felt
 - Cast off. Weave in all ends.
- Assembling the book
 - Use contrasting wool to sew the folded cover and page(s) together along the spine
 - Sew a title on the front of cover if desired
 - Add any other decorations as desired

Knitting a Tiny Book e.g. 2" wide x 3" or 4" long spine

Note: Best to use thin wool for tiny books.



- The cover (a rectangle)
 - Cast on approximately 18 stitches, leaving long tail at beginning that can be used for hanging the book
 - Knit every row (garter stitch)
 - Cast off. Weave in all ends except for beginning
- The inside: 2 pages (a slightly smaller rectangle)
 - Use contrasting colour
 - Cast on 16 stitches
 - Knit every row (garter stitch)
 - Knit slightly less than 3 or 4 inches in length (depending on size of book)
 - Cast off. Weave in all ends.

OR

- The inside: 1 page (slightly smaller than one half the width of the cover rectangle)
 - Cast on 8 stitches
 - Knit slightly less than 3-4 inches in length (depending on size of book)
 - Cast off. Weave in all ends
- Assembling the tiny book
 - Use contrasting wool to sew the folded cover and page (or pages) together along the spine
 - Sew a title on the front of cover if desired
 - Weave in all ends except the hanging end at top
 - Add any other decorations as desired

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